



Biohealth Medical Laboratory

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24 Hour Urine Collection

NOTE: This form is for all 24-hour urine tests other than Creatinine Clearance Analysis.

Patient Name: _____

Patient # : _____

- (1). Choose an appropriate day on which a 24 hour urine sample can be collected without interruption.
- (2). Upon awakening, completely void and discard the first specimen of urine. **DO NOT** collect this sample in the container. This will represent the initial emptying of the bladder at which time the **start** of the collection will be recorded.

Record "Start" Time: _____ Date: _____

- (3). Collect **ALL** urine samples (within a timed 24-hour period) into the urine specimen container provided. Absolutely no urine is discarded at this point. Preserve urine by placing the container in a refrigerator.
- (4). Regular meals and fluid intake can be consumed during the 24-hour collection period.
- (5). Approaching the end of the 24-hour, collect the last urine specimen into the container. This will represent the final emptying of the bladder at which time the **end** of the collection will be recorded.

Record "End" Time: _____ Date: _____

Note: if the "End" time is after awakening the following morning, then collect that first morning sample into the container and record the time.

For lab use only: Total volume of urine collected (mL) _____.